

CURRICULUM VITAE

Angela Bisignano, Ph.D.
Clinical Psychologist, PSY 26894
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EDUCATION

Doctor of Philosophy in Psychology, 2003

APA-approved doctoral program in Clinical Psychology.
The Fielding Graduate University
Santa Barbara, California

Master of Psychology, 2000

The Fielding Graduate University
Santa Barbara, California

Master of Science in Ministry, 1991

Pepperdine University
Malibu, California

University of California, Los Angeles, 1985

Los Angeles, California
B.A. in Theater Arts

CLINICAL EXPERIENCE

Private Practice, *Current*

Clinical Psychologist, PSY #26894
Palos Verdes Estates, California

Private Practice

Psychological Assistant, PSB #35153
May 2010 - October 2013
Torrance, California

Private practice with adults and adolescents: Individual, couples, and adolescent psychotherapy; psychological assessment; and workshops. Treatment of anxiety disorders, adjustment disorders, mood disorders, phobias, Posttraumatic Stress Disorder, marriage problems, identity, and spiritual issues.

1736 Family Crisis Center

Pre-Doctoral Psychological Intern
2002-2004
Redondo Beach, California

Community-based counseling center with women and children: Individual, child, adolescent, and family therapy; groups; and psychological assessment. Treatment of crisis, domestic abuse, trauma, Post-Traumatic Stress Disorder, anxiety disorders, and mood disorders.

Antioch University

Psychological Assessment Clerk

1997

Marina Del Rey, California

Performed psychological testing, scoring, interpretation, and report writing.

Airport Marina Counseling

Psychological Practicum

1995-1996

Westchester, California

Community-based counseling center with individual, adolescent, children, and family therapy. Individual psychotherapy; couples psychotherapy; and family therapy. Treatment of anxiety disorders, adjustment disorders, mood disorders, phobias, and Posttraumatic Stress Disorder.

Hosanna Counseling

Counselor

1991-1993

Santa Monica, California

Church based counseling center with individuals and couples. Individual, and couples psychotherapy; groups; and workshops. Treatment of anxiety disorders, mood disorders, trauma, 12-step program, spiritual issues, and pastoral counseling.

Harvest Home

Counselor

1991-1993

Venice California

Residential program with homeless pregnant women and children. Individual psychotherapy; groups; and workshops. Treatment of anxiety disorders, adjustment disorders, mood disorders, phobias, and Posttraumatic Stress Disorder.

R E S E A R C H A N D S C H O L A R S H I P

Dissertation

Bisignano, A. (2003). Primary Appraisal, Reappraisal, and secondary appraisal in hematology-oncology pediatric patients undergoing I.V. medical procedures: An exploration using a developmentally specific CD-ROM intervention.

Harbor-UCLA Medical Center
Torrance, California
Principal Investigator

Conducted a research project evaluating the effects of a Starbright Foundation CD-ROM intervention on children undergoing stressful medical procedures. Research project took approximately twelve months. Led and oversaw a team of researchers in the clinic. 2001-2002

G R A N T A W A R D

Principal Investigator, Distress in pediatric hematology-oncology patients undergoing intravenous procedures of CD-ROM intervention, research grant, The Fielding Graduate University, Santa Barbara, California, 2003.

P U B L I C A T I O N S

Bisignano, A. & Bush, J. (2006). Distress in pediatric hematology-oncology patients undergoing intravenous procedures: Evaluations of CD-ROM intervention. *Children's Health Care, Vol. 35, No. 1, 61-74.*

Bisignano, A. & Bush, J. (2004). Children's appraisals of stressful and medical procedures: Developmentally specific interventions to facilitate adaptive coping. *Journal of Psychological Practice, Vol. 10, No. 1, 1-24.*

Editorial Activities

Bush, Young, & Radecki-Bush, (1998). The child as collaborator in pediatric pain management: Implications for clinical practice. *Psychotherapy in Private Practice, Vol.17, No. 2, 43-61.*

Book

Bisignano, A. (2011). *Beautifully Gifted: Equipping Today's Women for the High Calling of God.* Peoria, AZ: Intermedia Publishing.

Christian Journals

Bisignano, A. (Fall, 2013). Small Groups. *Just Between Us Magazine.*

Bisignano, A. (July, 2012). Soul Beauty. *Home Life Magazine.* Life Way Publishers.

Bisignano, A. (Spring 2012). Personality and Passions. *Just Between Us Magazine*, Vol.22, No. 2, 12-13.

Bisignano, A. (2012). New Year, New Life Story. *CrossWalk.com*. Retrieved from <http://www.crosswalk.com/faith/women/new-year-new-life-story.html>

Bisignano, A. (2011). Embracing Your Calling. *Home Life Magazine*. 24. Life Way Publishers.

P R O F E S S I O N A L M E M B E R S H I P

American Psychological Association
California Psychological Association
Los Angeles Psychological Association
American Association of Christian Counselors
APA Division 42, of Independent Practice
APA Division 46, Division of Media
APA Division 29, Division of Psychotherapy

R A D I O I N T E R V I E W S

The Hugh Hewitt Show, Los Angeles, CA, February 2, 2015.

Moody Radio Interview, "This is the Day," Chicago, IL, November 18, 2011.

KBJS-FM Radio Interview, "Take Five With Eddie Basieri," Dallas, TX, November 15, 2011.

KXLO Radio Interview, "KXLO-Live" Great Falls, MT, October 3, 2011.

KBJS-FM Radio Interview, "Take Five With Eddie Basieri," Dallas, TX, October 21, 2011.

Moody Radio Interview, "This is the Day," Chicago, IL, September 19, 2011.

KTAR-FM Radio Interview, "The God Show," Phoenix, AZ, August 29, 2011.

WDVR-FM Radio, "The Low Down," Sergeantsville, NJ, August 24, 2011.

Christian Women Broadcasting, Blog Talk Radio. 2012.
<http://www.blogtalkradio.com/cwa-radio/2011/08/26/leadher-radio>

I N T E R E S T S

Personal: My primary calling in life is wife and mother. My core life values revolve around faith, family, and community. I have been married for 25 years and my husband and I have two sons. Our eldest son is a junior at the University of Southern California. Our youngest son is a junior in High School at Palos Verdes High School.

Professional & Vocational: My primary interests are at the intersection of faith, psychology, and leadership. I am interested in how to best communicate the Bible in a relevant, effective, and authentic way, using social media, print, and teaching methodology. I am passionate about helping individuals get the emotional and psychological healing they may need, spiritual formation, understanding God's calling in their lives and being equipped. My ministry and counseling philosophy is grounded in my faith as a Christian. I believe that the Bible is the inspired Word of God and that the Holy Spirit guides, leads, and empowers believers.

P R E S E N T A T I O N S , W O R K S H O P S & R E T R E A T S

“Embracing Courage and the Power of Your Story,” speech presented at Calvary Chapel Conference Center Women’s Retreat, Murrieta, CA, October 4, 2013.

“Beautifully Gifted,” 2-day retreat presented for Bonita Church Women’s Ministry, Bonita, CA, October 2012.

“Beautifully Gifted,” speech presented at King’s Harbor Church MOPS luncheon, October 2012.

“The Power of Your Story,” 5-day women’s retreat, Bozeman, MT, August 2012.

“Beautifully Gifted,” 5-day women’s retreat, Incline Village, NV, July 2012.

“Beautifully Gifted,” speech presented at Ascension Lutheran Church Women’s Ministry luncheon, Rolling Hills Estates, CA, May 2012.

“Three Key Life Principles,” speech presented for the River Church Women’s Ministry, Rolling Hills, CA, May 2012.

“Three Principles for Living More Empowered Lives,” speech presented at Treasured Celebration’s Leadership Conference, Santa Fe, NM, March 2012.

“Beautifully Gifted” speech presented at Calvary Chapel Conference Center Women’s Retreat, Murrieta, CA, January 2012.

“Courage Living Out Your Story,” workshop presented for King’s Harbor Church, December 7, 2011; workshop presented for Rolling Hills Covenant Church, December 8, 2011.

“Telling Your Story,” workshop presented for King’s Harbor Church, November 16, 2011; workshop presented for Rolling Hills Covenant Church, November 17, 2011.

“Calling, Talents, & Strengths,” workshop presented for King’s Harbor Church, November 9, 2011; workshop presented for Rolling Hills Covenant, November 10, 2011.

“Finding Our Identity and Calling in Jesus,” workshop presented for King’s Harbor Church, November 2, 2011; workshop presented for Rolling Hills Covenant Church, November 3, 2011.

“Hindrances to our Calling,” workshop presented for King’s Harbor Church, October 26, 2011; workshop presented for Rolling Hills Covenant Church.

“The Enemies Tactics to Destroy,” workshop presented for King’s Harbor Church, October 19, 2011; workshop presented for Rolling Hills Covenant Church, October 20, 2011.

“Engaging the Ultimate Call,” workshop presented for King’s Harbor Church, October 12, 2011; workshop presented for Rolling Hills Covenant Church, Rolling Hills, CA, October 13, 2011.

“God’s High Calling,” workshop presented for King’s Harbor Church, Torrance, CA, October 5, 2011; workshop presented for Rolling Hills Covenant Church, Rolling Hills, CA, October 6, 2011.

“Beautifully Gifted II,” Six-week workshop, presented for a group of women of Manhattan Beach, CA. June-July 2011.

“Beautifully Gifted I” Ten-week workshop presented for King’s Harbor Church, Torrance, CA, February-April 2011.

“The Power of Our Giftedness,” Calvary Chapel Conference Center, Murrieta, CA, January 2011.

P R A C T I C A L M I N I S T R Y E X P E R I E N C E

Women’s Therapist Care Group

Co-leader - *2012 to present*

South Bay Christian Therapists

Manhattan Beach, California

Group meets for the purpose of supporting Christian therapists from 5 different churches and denominations. We meet on a monthly basis to discuss various professional, spiritual, and psychological issues as they pertain to both our private practice and our greater South Bay community.

Women's Care Team

Volunteer Staff - 2011 to 2013
King's Harbor Church
Torrance, California

Women's care team serving at a community based church. Team consists of psychologists, MFTs, and lay counselors addressing the emotional and psychological needs of the women in the church. Providing workshops, teaching, and individual counseling.

Women's Ministry Advisory Board

Volunteer Staff 2008 -2009
King's Harbor Church

Team consisted of women in the church chosen to help advise the women's ministry leader on various church related matters.

Women's Ministry Community Events

Volunteer Staff - 2008-2010
King's Harbor Church

Team consisted of women of faith coming together to lead women for a time of worship, prayer, and a teaching from the Bible. Involved multiple churches and denominations in the South Bay.

Prayer Ministry

Volunteer Staff, 2004-2010
King's Harbor Church
Torrance, California

Organized and implemented *Mothers Praying in the Gap*, a time for mothers in the local church praying on behalf of their children. Organized and led weekly and monthly prayer meetings for women leaders in the community.

Bible Study Teacher/Speaker

Volunteer Staff, 2007-2008
King's Harbor Church
Torrance, California

Bible Study Teacher

Volunteer Staff, 1992-2002
Pacific Christian Center
Manhattan Beach, California

Director of Junior High and High School Ministry

Paid Staff, 1988-1992
Santa Monica Vineyard
Santa Monica, California

Position included overseeing Junior High and High School Ministry, development of leaders, teaching, outreach, and service projects. Service projects included local and extended projects to an orphanage in Mexico.

S O C I A L M E D I A A N D O N L I N E P U B L I C A T I O N S

Twitter: @AngelaBisignano (approximately 13,000 followers)
Facebook: DrAngelaBisignano (approximately 7,500 followers)
Website: www.DrAngelaSouthBay.com
Weblog: www.DrAngelaSouthBay.com/blog/

Bisignano, A. (2014). Five Steps to Sharpen Your Leadership Style. *Believe.com*. Retrieved from <http://www.believe.com/articles/5-Tips-to-Sharpen-Your-Leadership-Style/>

Bisignano, A. (2014). 4 Tips for Staying Focused on Your Calling. Retrieved from <http://www.drangelabisignano.com/blog/4-tips-for-staying-focused-on-your-calling/>

Bisignano, A. (2014). Tips for Gliding Through Life Transitions. Retrieved from <http://www.drangelabisignano.com/blog/tips-for-gliding-through-life-transitions/>

Bisignano, A. (2014). 4 Keys for Expanding Leadership Influence in 2014. Retrieved from <http://www.drangelabisignano.com/blog/4-keys-for-expanding-your-leadership-influence-in-2014/>

Bisignano, A. (2013). Turning Points. *Believe.com*. Retrieved from <http://www.believe.com/articles/Turning-Points/>

Bisignano, A. (2013). Leaders and Vulnerability. *Believe.com*. Retrieved from <http://www.believe.com/articles/Leaders-and-Vulnerability/>

Bisignano, A. (2013). Healing is Empowering. *Believe.com*. Retrieved from <http://www.believe.com/articles/Healing-Is-Empowering/>

Bisignano, A. (2013). Soul Healing. Retrieved from <http://www.drangelabisignano.com/blog/soul-healing-the-heart-of-the-matter/>

Bisignano, A. (2013). Three Questions for Moving Forward. Retrieved from

<http://www.drangelabisignano.com/blog/3-key-questions-for-moving-forward/>

Bisignano, A. (2012). Leaders and Legacy. *Lead Change Group*. Retrieved from <http://leadchange.com/leaders-and-legacy/>

Bisignano, A. (2011). Leaders and the Game of Life. *Michael Hyatt Intentional Leadership*. Retrieved from <http://michaelhyatt.com/leaders-and-the-game-of-life.html>

Bisignano, A. (2012). Leaders and Wholehearted Living. Retrieved from <http://www.drangelabisignano.com/blog/leaders-and-wholeheartedly-living/>

Bisignano, A. (2012). Leaders and Calling. Retrieved from <http://www.drangelabisignano.com/blog/leaders-and-calling/>

Bisignano, A. (2012). Leaders and Reflection. Retrieved from <http://www.drangelabisignano.com/blog/leaders-and-reflection-3/>

Bisignano, A. (2012). The Leader Heart of Deborah. Retrieved from <http://www.drangelabisignano.com/blog/the-leader-heart-of-deborah/>

Bisignano, A. (2012). Leaders, Courage, and Crisis. <http://www.drangelabisignano.com/blog/leaders-courage-and-crisis/>

Bisignano, A. (2012). Leaders, Influence, and Family. Retrieved from <http://www.drangelabisignano.com/blog/leadership-influence-and-family/>

Bisignano, A. (2012). Embracing the Calling of God in 2012. <http://www.drangelabisignano.com/blog/embracing-the-calling-of-god-in-2012/>

Bisignano, A. (2011). The Heart of a Leader. Retrieved from <http://www.drangelabisignano.com/blog/the-heart-of-a-leader/>

Bisignano, A. (2011). Leaders and Finishing Well. Retrieved from <http://www.drangelabisignano.com/blog/leaders-and-finishing-well/>

S K I L L S

Proficient in Microsoft Word, Excel, Internet, and Social Media.

References available upon request